



Nurses' Gathering Information of Patients' Life

Abstract ID:146

for Post-discharge Support at an Acute Care Hospital

Masami Kase¹, Ariko Noji¹, Michiyo Matsuda^{1,2}

¹Graduate School of Nursing, Chiba University, Chiba, Japan, ²The Tokyo University Hospital, Tokyo, Japan

E-mail: anoji@faculty.chiba-u.jp

Introduction:

The regional comprehensive care system provides medical treatment, nursing care, preventive services, and home/living assistance to support patients discharged from acute care hospitals. As a part of its services, the Ministry of Health, Labor and Welfare has newly established funds for post-discharge adjustment and discharge support.

Methods:

Interviews were conducted with three clinical nurses at an acute care hospital, each with more than three years' clinical experience. Two interviews were conducted with each nurse; the first session lasted for 50 minutes, while the second lasted for 20 minutes. The interviewer asked them about how they collected information for discharge support and what difficulties they faced in understanding patients' post-discharge adjustment. The interview was recorded and transcribed. A summative content analysis was conducted, and the frequency of appearance of words was examined using NVivo 11 Plus. The hospital administrator and the interviewees voluntarily agreed to participate in this study.

Results:

Three core categories were generated; fiduciary relationship, steps toward acceptance, and techniques for facilitating and improving efficiency in sorting out information (Fig.1). The difficulties faced by nurses in understanding post-discharge adjustment included gaps between the patient's condition and their home environment, between the patient's and his/her family members' desires, and between the patient's and nurse's family structure. The frequently used words were "patient," "listening," "family," and "information." (Fig.2)

Conclusion:

The nurses collected information on patients' life and shared them with interdisciplinary health care providers to understand the patients' unique conditions. This helped them develop a post-discharge support plan to close the gaps in acute care that the patients may experience.

Keywords:

Post-discharge support, Information of patients' life, Acute care hospital

Objectives:

This study aimed to explore how clinical nurses collect information for post-discharge adjustment and discharge support during in the patients' short hospital stay.

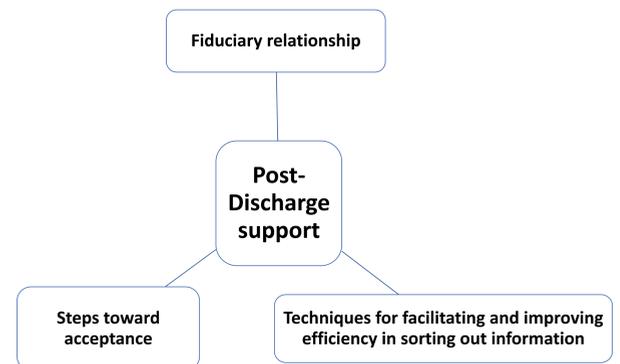


Fig.1 Three core categories of post-discharge support



Fig.2 The frequently used words by NVivo